

## Therapeutic Counselling

The Diploma in Therapeutic Counselling course is available for those candidates who wish to progress to a professional qualification as a Counsellor. Successful completion of this course will enable you to provide a therapeutic counselling service within the context of an agency's service framework.

The Diploma in Therapeutic Counselling provides training in:

Coherent vocational and professional counselling training

A competence based training which highlights the development of skilled practice via experiential learning

Specific training for the role of counsellor in an agency

The opportunity to learn a wide range of counselling theories and approaches

Use of Martha Stark's Modes of Therapeutic Action integrative framework for integration of Person Centred and Psychodynamic theory and skills

There are 7 mandatory units:

Working ethically, safely and professionally as a counsellor

Working within a counselling relationship

Working with client diversity in counselling work

Working within a user-centred approach to counselling

Working with self-awareness in the counselling process

Working within a coherent framework of counselling theory and skills

Working self-reflectively as a counsellor

In addition to the College fees there are other costs to be considered including:

\* 40 sessions of personal therapy (typically £45 per session)

\* Supervision: most agencies provide supervision but occasionally students either supplement existing supervision, with the agreement of the agency, or organise supervision privately at around £45 per hour

\* Books, photocopying, travel, childcare, etc.

If you need information about a loan for your fees and other related information try

The Student Loan Company [www.slc.co.uk/services/higher-education.aspx](http://www.slc.co.uk/services/higher-education.aspx)

For further information about this course see our Awarding Body's website at [www.cpcab.co.uk/qualifications/tc-l4](http://www.cpcab.co.uk/qualifications/tc-l4)

Although this course is not accredited by the BACP it meets their requirements for course accreditation and

Apply now at [www.gloscol.ac.uk](http://www.gloscol.ac.uk) or call 0345 155 2020

prepares student counsellors for individual accreditation (see [www.bacp.co.uk/accreditation/](http://www.bacp.co.uk/accreditation/)). Students will complete 100 hours of counselling work in an agency to pass the course.

Following completion of the course, students may consider continuing to work in their agency in order to gain experience prior to applying for other roles (e.g. with Employee Assistance Programs (EAPs)) or counselling in private practice.

## Entry Requirements

Achievement on both CPCAB Level 2 Certificate in Counselling Skills and CPCAB Level 3 Certificate in Counselling Studies are required. These courses each have 90 guided learning hours including a substantial element of skills practices.

Applicants should be aged 19 and over as at 31 August of the preceding academic year. You will be required to have English at GCSE grade C or above. Equivalent qualifications and training will be considered i.e. IELTS L6 to 6.5 or ESOL SFL L2 full qualification. It is the candidate's responsibility to demonstrate that their training / qualifications is equivalent to the entry requirements; information on these qualifications can be found on [www.cpcab.co.uk](http://www.cpcab.co.uk)

Please continue with your application through this website. You will be contacted by the Counselling Administrator who will send further details including an Information Sheet and Assessment Form as part of the application process.

Briefing and Interview sessions normally take place in March with conditional offers made in May for a September start.

Tutors will be looking for readiness and both proven and potential ability to make effective use of this particular course. It is also important that you should be aware of, and be comfortable with philosophy behind the two approaches that will be integrated during this course (Psychodynamic and Person Centred).

## What's Next

The general progression route for our counselling programme will be:

- ICSK-L2 Introduction to Counselling Skills
- CSK-L2 Counselling Skills (Level 2)
- CST-L3 Counselling Studies (Level 3)
- TC-L4 Diploma in Therapeutic Counselling (level 4) –OR–
- Foundation Degree in Therapeutic Counselling (level 5) [validated by the University of Gloucestershire]
- The Foundation Degree can be topped up to a Full Degree with a further year at Level 6, e.g. the BSc Hons Applied Social Sciences with the University of Gloucestershire

## Your Options

	Start Date	End Date	Course Level
<b>Therapeutic Counselling (Friday) (Part Time)</b>			
Cheltenham	13/09/19	28/07/21	4